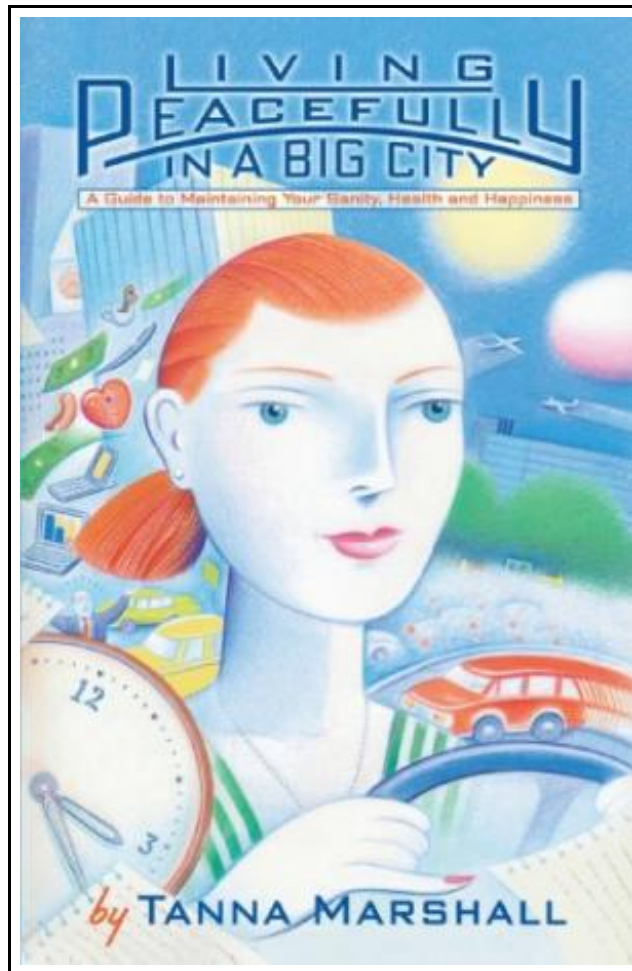


## Living Peacefully in a Big City: A Guide to Maintaining Your Sanity, Health, and Happiness



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