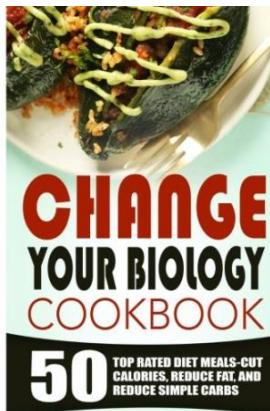


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Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Top 50 Change Your Biology Diet Meals-Cut Calories, Reduce Fat, And Reduce Simple Carbs You've tried and tried to lose weight, but it just doesn't happen. Or you lose a bit, then gain it back with a vengeance. Sound familiar? Of course, there are lots of trendy diets, such as the Fast Diet currently making headlines....

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