



## Clinical Massage Therapy: A Structural Approach to Pain Management

By James Waslaski

Prentice Hall. Paperback. Book Condition: New. Paperback. 312 pages. Dimensions: 10.8in. x 8.4in. x 0.5in. CLINICAL MASSAGE THERAPY, 1e teaches effective therapeutic massage techniques that can prevent or eliminate multifaceted pain conditions, including chronic pain, sports injuries, and structural imbalance. Its unique 12-step approach focuses on treating specific conditions with techniques based on structural balance, bridging all touch therapy disciplines, and offering a new model for massage training. Detailed color illustrations reveal underlying pathologies, and flowcharts explain treatment steps. Massage students learn from Body Maps; Expert Opinion features; precautionary Alerts; clear Body Mechanics instructions; case studies, review questions, and a complete glossary. The texts multimodal and multidisciplinary approach makes it equally valuable to physical and occupational therapists, trainers, chiropractors, osteopaths, nurses, manipulative therapists, and physicians. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.

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