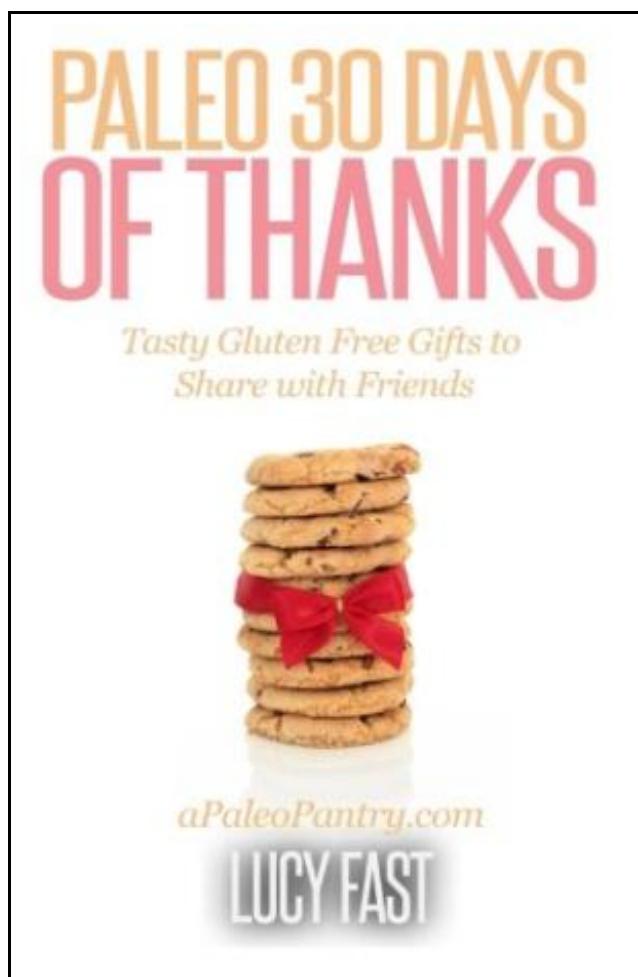


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Createspace, United States, 2014. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****. Thanksgiving is one of the few true wholesome, American holidays, yet it's often neglected in the wake of the candy-costume buying craziness of Halloween, and then forgotten in festivity-planning frenzy of Christmas. Even Black Friday, the celebration of capitalism and consumption, casts its shadow over the one holiday that doesn't seem to require us to burn through our bank account. Thankfully (no pun intended) the 30 Days of Thanks movement that began several years ago takes social media by storm every year on the first day of November. We have started to restore some focus back on the celebration of gratitude and good old-fashioned family togetherness. In Paleo 30 Days of Thanks: Tasty Gluten-Free Gifts to Share with Friends, bestselling author Lucy Fast takes 30 Days of Thanks one step further by bringing you back to our American roots and helping you to enjoy the values and food of Thanksgiving more than ever before! What better way to show your appreciation for all the wonderful folks in your life than by writing them a beautiful card and attaching it to an edible, delectable homemade gift? Better yet, every recipe Lucy has to teach you is completely Paleo-friendly and gluten-free! In this guide you will learn: How to cook delicious make-ahead treats to for your sweeties How to create beautiful jar mixes for the pantry How to combine unique blends of salts, sugars, and spices Tons of awesome tips for writing genuine, personal thank-you notes for the people you love And so much more! Nothing says, thank you for being in my life, like a well thought out, personalized homemade gift. Don't wait another year...

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