



## Knowledge of the Higher Worlds: How is it Achieved?

By Rudolf Steiner, D. S. Osmond, C. Davy

Rudolf Steiner Press. Paperback. Book Condition: new. BRAND NEW, Knowledge of the Higher Worlds: How is it Achieved?, Rudolf Steiner, D. S. Osmond, C. Davy, This key spiritual workbook, reproduced here in the classic Osmond/Davy translation, is needed more than ever, given its unique, precise instructions for inner training, its protective exercises, and its indications for grounding and centering. It begins with the conditions required for personal development, and guides us through the stages of initiation, its practical aspects and its effects.

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