



Wilderness First Aid: A Waterproof Pocket Guide to Common Sense Self Care

By Dave Canterbury, J. M. Kavanagh

Waterford Press Ltd. Pamphlet. Book Condition: new. BRAND NEW, *Wilderness First Aid: A Waterproof Pocket Guide to Common Sense Self Care*, Dave Canterbury, J. M. Kavanagh, *Wilderness First Aid* covers simple techniques to treat common injuries and sickness in a wilderness situation. This waterproof, folding guide includes great tips and techniques to help you be more comfortable while awaiting rescue or keep you mobile enough to effect self-rescue if required. Be smart, be safe, be skilled. Developed by noted survival expert and master woodsman Dave Canterbury, this is one of a 10-part series on survival skills. Made in the USA.



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