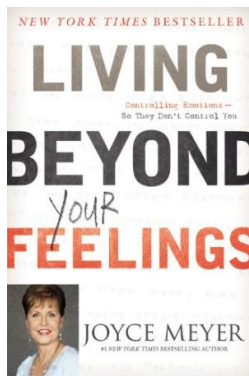


## Living Beyond Your Feelings: Controlling Emotions So They Don't Control You



### Book Review

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**(Christopher Kozey)**

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